



METRO VOICE

Website : www.rccmetropolitan.org RY 22-23



IMAGINE
ROTARY

PRESIDENT : DR V K NEVATIA - HONY. SECRETARY : RAJSHREE JAIN - EDITOR : SASHI DHACHOLIA

1635th REGULAR MEETING

VOL 37, NO. 07

24th September 2022

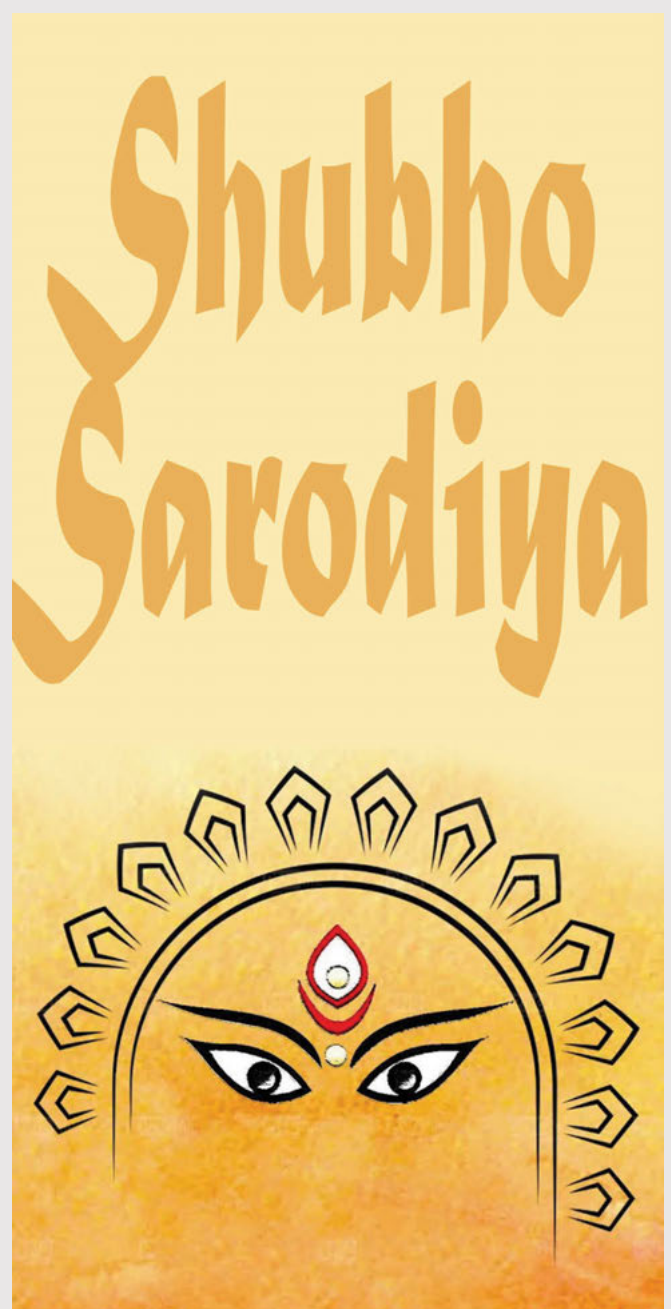
KNOW YOUR GUEST SPEAKER SUJATA SEN



Sujata Sen is the CEO of Future Hope, an organisation that works with street and slum children of Kolkata www.futurehope.net. Future Hope has six homes for children, an English medium CBSE accredited free school in Kolkata, a skills training centre in Barrackpore and a new project of homes and a bigger school coming up in Rajarhat. Earlier she was Director East India of the British Council covering all the states of East and Northeast India for education, English Language training, examinations and the arts.

She was also All India Senior Advisor for the Arts and Director of British Council Management Services (BCMS), a company that was responsible for global IT and HR for the British Council. She is a member of the West Bengal Heritage Commission, Managing Trustee of KMOMA (Kolkata Museum of Modern Art) and Director of Kolkata Literature Festival held within the International Kolkata Book Fair organised by the Publishers and Booksellers Guild. She is also on several education boards.

Topic: IMPORTANCE OF LITERACY TO LAST MILE



SEPTEMBER IS EDUCATION AND LITERACY MONTH

CELEBRATION OF WORLD LITERACY DAY AT PACE LEARNING CENTRE (PLC)

On 8th September 2022, PLC Interact Club presented a mind-blowing live performance which was very distinctive and truly memorable. To commemorate this year's International Literacy Day theme, "Transforming Literacy Learning Spaces," the club members organized and performed an unspoken action skit which they named "Evolution of Education."

Through their performance they showcased the change of education system in India from ancient period to Post Covid environment of the country. They were able to expound each and every sequence through their spontaneous power of acting. Some of the junior kids were also included who were experts in performing their respective roles. It was particularly moving to all of us when they highlighted the distressful condition of the poor village students at the time of the lockdown.

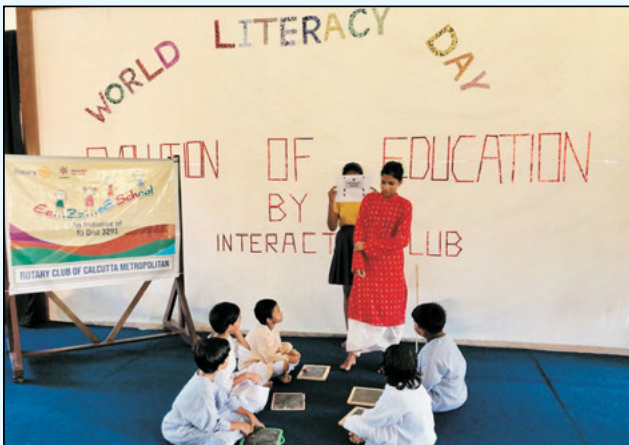
After such a touchy and delicate programme, the next session began with the Certificate of Appreciation, Gift and sweet distribution ceremony honouring the teachers of PLC. All the teachers were highly moved to receive Certificates of Appreciation from the respected dignitaries, which included the President of Rotary Club of Calcutta Metropolitan (RCCM); Rtn. Dr Vinod Kumar Nevatia; PE Rtn. Rakesh Kumar Goel; PN Rtn. Sashi Dhacholia and Rtn. Rajiv Tibrewal. Our honourable

guests gave out snacks to each and every student. Our children were so happy to receive such goodies which they enjoyed thoroughly.

After this precious episode, members from Rotary Club of Calcutta Metropolitan were escorted to observe a noteworthy exhibition of models and charts made by the students. They efficiently replied to all the queries related to their projects. All the students felt proud and blissful when they were admired by all our honourable guests.

Finally, I would personally like to express my earnest gratitude to all the dignitaries who were present for the occasion and for their great contribution and of course to our beloved PLC President Rtn. Jayanta Chatterji who is the most supportive person for each positive step we undertake. Also, I want to extend my gratitude to my dear colleagues who are completely devoted to the students and to our students who are always ready to produce the best results with their earnest effort. Hope our students will continue to outshine by breaking their own success record and will brighten the name of PLC in the process.

By: Mahashweta Maity
PLC Teacher Coordinator



Recreation of Covid period



Another view of Covid period in Piyali village



How students passing their time during the covid period



Higher classes gradually started during the covid period

CELEBRATION OF WORLD LITERACY DAY AT PACE LEARNING CENTRE (PLC)



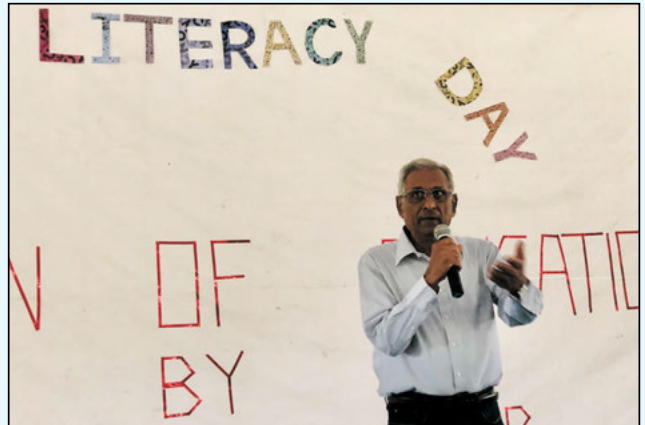
Students at Village during the covid period



Full house with RCCM members



Group photos of participants in drama



PE Rakesh Kumar Goel addressing the teachers and students on World Literacy Day



Exhibition of SST



Exhibition of English

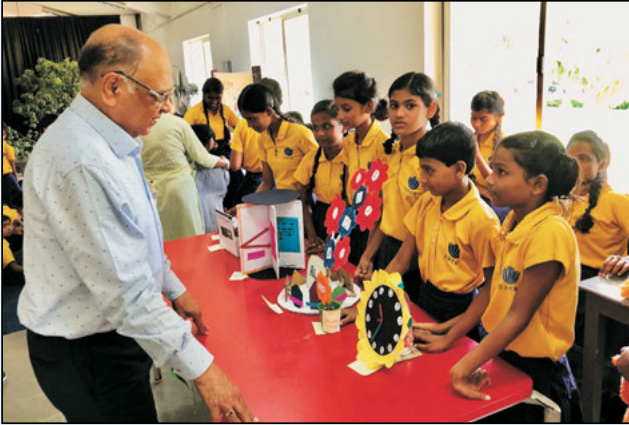


Exhibition of Bengali

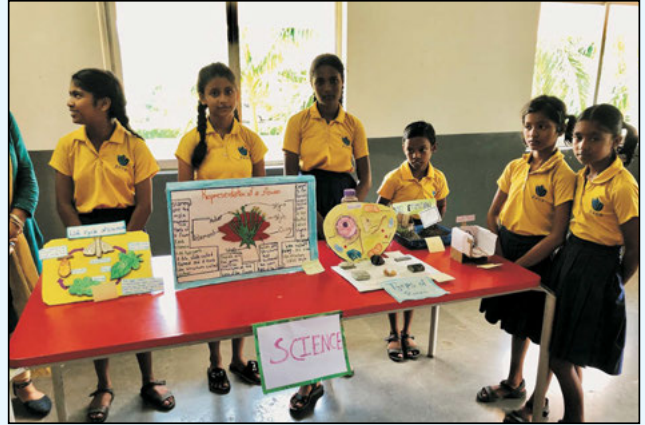


President Dr V K Nevatia enjoying the Exhibition by the students of PLC

CELEBRATION OF WORLD LITERACY DAY AT PACE LEARNING CENTRE (PLC)



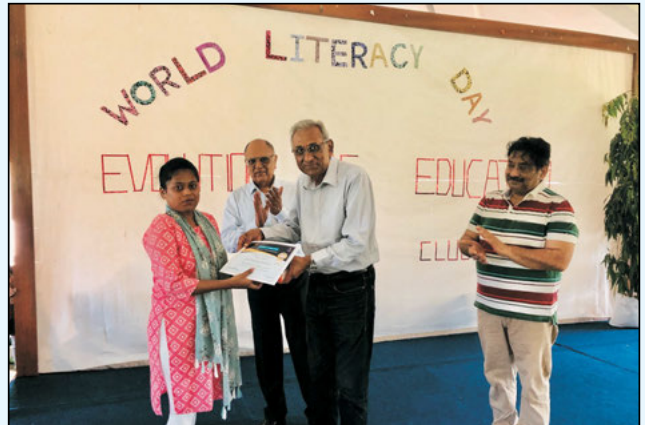
President appreciating the crafts done by the students



Exhibition of Science



Certificate of Appreciation to the teacher by President Dr V K Nevatia



Another view of Certificate of Appreciation to the teacher by PE Rakesh Kumar Goel



Rajiv Tibrewal handing over Certificate of Appreciation to the teacher with other also



Students and Members of RCCM enjoying the Celebration of World Literacy Day



President Dr V K Nevatia distributed cake to all students and teachers



Group photo of RCCM Members, Teachers and students of PLC

DEMENTIA- THE EPIDEMIC IS HERE

Ms Nilanjana Maulik gave talk on Dementia, the epidemic is here with Power Point presentation on 3.9.2022. "Dementia, The Epidemic is here" is an interesting subject close to most senior citizens but Our Guest Speaker Ms Nilanjana Maulik talk was so wonderful with precisions details made the afternoon lively today. It was an educative session. Thanks Ms Nilanjana Maulik. Audience was spellbound while listening to her.

Let's all raise awareness of dementia and challenge the stigma surrounding the condition by learning about it, learning to spot the signs and taking simple steps to lower our risk of developing the condition.

Dementia is a collective name for progressive degenerative brain damage which affect memory, thinking, behaviour and emotion.

Alzheimer's disease and vascular dementia are the most common types of dementia, responsible for up to 90% of cases of dementia.

Symptoms include: loss of memory, difficulty in finding the right words or understanding what people are saying, difficulty in performing previously routine tasks, personality and mood changes. Dementia knows no social, economic or geographical boundaries.

Although each person will experience dementia in their own way, eventually those affected are unable to care

for themselves and need help with all aspects of daily life. There is currently no cure for most types of dementia, but treatments, advice, and support are available.

Someone in the world develops dementia every 3 seconds. There are over 50 million people around the world living with dementia. India has 4. 1 million & West Bengal has approximately 80,000. The number of people living with dementia is predicted to triple, rising to 152 million by 2050. According to the Dementia India Report, 2010 the State of West Bengal is expected to experience 100% (or more) change in total number of dementia cases over the next twenty-six years period.

As few as one in ten individuals receive a diagnosis for dementia in low- and middle-income countries.

Lack of knowledge about dementia leads to inaccurate assumptions about its effects on the person and their family and negative stereotypes about how a person with dementia will behave.

Governments have an opportunity and a responsibility to dramatically increase awareness, detection, diagnosis and care support of dementia.

Dementia is now widely recognised as one of the most significant health crises of the 21st century.

We can reduce the risk of dementia by looking after our heart, be physically active, follow a healthy diet, challenge our brain and enjoy social activities.

ALZHEIMER'S & RELATED DISORDER - 10 WARNING SIGN

1. Recent memory loss that affects job skills.
2. Difficulty in performing familiar tasks
3. Problem with language
4. Disorientation with time and place
5. Problems with abstract thinking
6. Poor or decreased judgement
7. Misplacing things
8. Change in mood or behaviour
9. Change in personality
10. Loss of initiative



A view of Head table with Guest speaker Ms Nilanjana Maulik



Nilanjana Maulik talk on Dementia

DEMENTIA - THE EPIDEMIC IS HERE



Nllanjana Maulik demonstrating one of the posture



Audience listening in rapt attention



PP Utpal Chatterjee during Q & A session



PP Dr Naresh Goyal giving vote of thanks



PP Rtn Jayanta Chatterji voted as Best Rotarian for August-2022



Rajiv Tibrewal recognized for 100% attendance for July-Aug-2022



PN Sashi Dhacholia also recognized for 100 attendance with others also



Both Lalit and Roshni Beriwal recipient for 100 attendance

CELEBRATION OF NATIONAL TEACHERS' DAY AT PLC ON 5.9.2022

September 5th is marked by the birth anniversary of Dr. Sarvepalli Radhakrishnan, independent India's second president and the Teachers' Day is celebrated in commemoration of his birthday. The countdown for the much-awaited day, the 'Teachers' Day' were approaching. PLC Students began their grand preparations for the day a week ago.

It was a day filled with lots of excitement, joy and happiness as students were eagerly looking forward to tell their teachers how and why they are special to them. It is my honour to talk about my dear colleagues and loving students on this wonderful occasion. Our students are always exceptionally special for their innovative ideas and presentations. This time also they were loaded with their profound zeal to make us feel so proud.

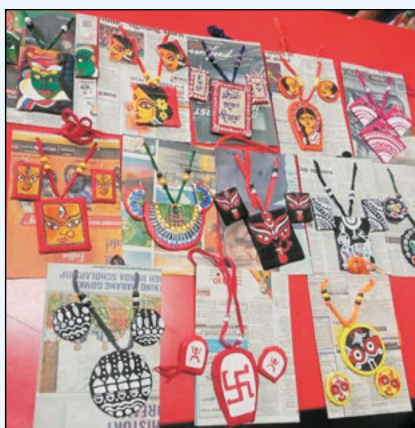
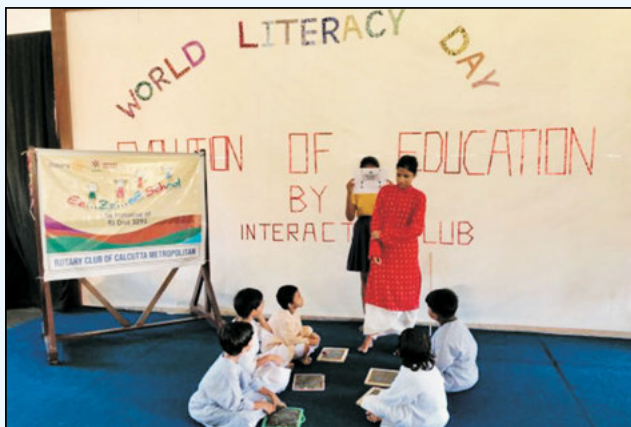
All the classrooms were decorated with different themes and they arranged for some fun activities when we visited their classrooms. In this year, students of Class - XI were in charge of whole episode and they made a remarkable instance of perfect team work and coordination. The stage background was just like how morning shows the day. The main episode rang up the curtain with a popular chorus song followed by two extraordinary dance performances and a superb recitation by the students. We were just overwhelmed by the choice of their selection of each and every presentation. There were some funny games which we all enjoyed thoroughly. In between we became astonished to receive their handmade fabric painted jewellery set which are perfectly designed.

The girls who have recently joined the colleges also attended the programme and presented us an artistic wallpaper made of rope and seeds. All the handmade cards, paper jewellerys, pen stands made of waste

materials are so unique. We salute their God gifted talent and creativity and we feel so lucky that we can learn so many things from them. Their tremendous effort inspired us to afford ourselves to serve them wholeheartedly. I express my heartiest gratitude to PLC administration for supporting every way and thanks for the wonderful gifts.

Dr. Abdul Kalam would have said, 'I believe there is no other profession in the world that is more important to society than that of a teacher.' The students' love and respect for us reminds us of our responsibilities and commitments towards shaping these blooming buds in taking up higher challenges in their lives for building a developed nation. We have identified a spark in our children and we are always with them to turn it into fire because we believe our students are a bank where we can deposit our most precious treasure.

By Mahashweta Maity
PLC Teacher Coordinator.

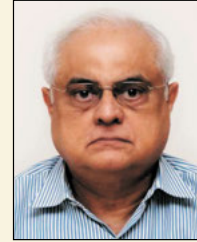


THANKS FOR SPONSORING ONE GIRL STUDENT OF PLC



We are thankful for sponsorship for one student from Lower KG to Class XII by PP Rtn Lalit Beriwal and PP Rtn Roshni Beriwal. It was also pointed out that for the first time in PACE Universal has ever received such support from an individual donor. The Club is grateful for their support.

ROTARIAN FOR AUGUST-2022



We congratulate PP Rtn Jayanta Chatterji being the Rotarian for the month of August-2022. His invaluable contribution and constant pursuing the matter with RISAO office to clear Global Grants projects even visiting their office at New Delhi. Finally, the Club was qualified to apply for Global Grants.

FORTHCOMING EVENTS

CLUB

- 15.10.2022** Regular Meeting at CSC at 2.00 PM. Guest speaker will be Mr Zha Liyou, The Counsel General of the Peoples' Republic of China. Topic will be "Embarking on a new era of brotherhood between India and China"
- 24.10.2022** World Polio Day
- 30.10.2022** Regular Meeting and Fellowship at 7.00 PM at CSC
- 12.11.2022** Regular Meeting at 2.00 PM at CSC. Guest Speaker will be PP Rtn Binod Khaitan. There will Interaction on Rotary Foundation

BIRTHDAY GREETINGS



- 01 Oct** - Rtn Arundhati Chatterji
05 Oct - Rtn Nishant Jain
09 Oct - PP Rtn Roshni Beriwal

THE 4 WAY TEST

Of the things we think, say, or do:

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

CONGRATULATION TO IPP RTN DR SOMEN GHOSH FOR RI CITATION FOR RY 2021-22

2021-22 ROTARY CITATION



Awarded to the Rotary Club of

Calcutta Metropolitan

for helping **Rotary serve to change lives** of people all over the world.

Shekhar Mehta
Shekhar Mehta
President, Rotary International

PRESIDENTIAL MESSAGE – SEPTEMBER 2022



Jennifer Jones
RI President 2022-23

Recently, Nick and I spent time in Guatemala, where we met wonderful fellow Rotary members and families who unofficially adopted me as "Tía Jennifer." On the third day, after visiting Patzún in the mountainous western highlands, we set out for Lake Atitlán, which we needed to reach by nightfall. If we took a back road we could get there faster. Locals told us it had just been repaved and assured us, "You'll have no problem."

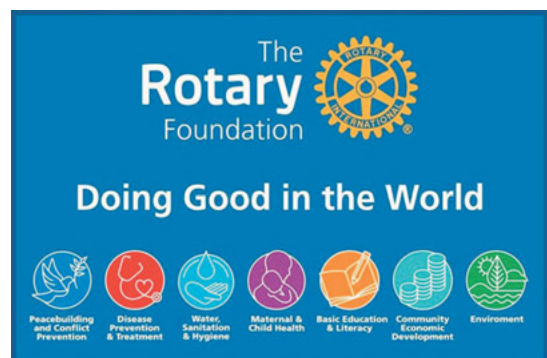
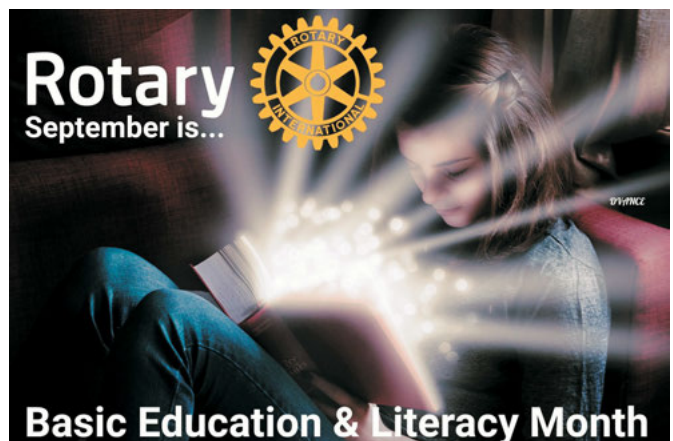
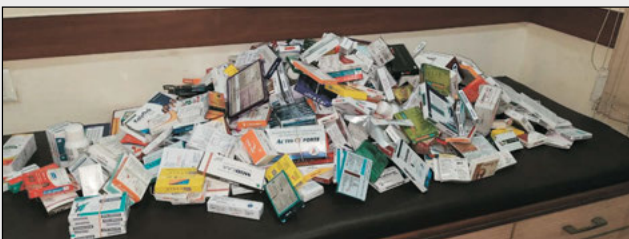
At first, it was a breeze. We wound through misty-green coffee and corn fields covering the hillside like a patchwork quilt. But at a river crossing, we found a bridge washed away. The only way to continue would be to ford the river in our small bus. There were a few tense moments, but we decided to give it a try and, thankfully, we made it across safely.

This adventure reminds me of two important truths in Rotary. One, we rely on local, on-the-ground expertise to do what we do best. And two, sometimes you have to take uncomfortable chances to reach important goals.

Every day, I am honored to learn from our Rotary family. Every lesson is an opportunity to grow, and each story adds a chapter to our collective Imagine Rotary year.

DISTRIBUTION OF FREE MEDICINES

RCCM handed various medicines to Jyotirmoy Clinic for free distribution to the needy patients on 15.9.2022 by the President Rtn Dr V K Nevatia.





Ian H.S. Riseley
Trustee Chair 2022-23

One of my favorite books, *A Short History of Nearly Everything* by Bill Bryson, muses on the creation of the universe and how a tiny speck of it we call Earth went from being a fiery ball with seas of molten rock to the lush green-and-blue home we know today. Bryson's argument is that it is a miracle that we - our planet and our species - have survived. "We enjoy not only the privilege of existence," Bryson writes, "but also the singular ability to appreciate it and even, in a multitude of ways, to make it better."

We are fortunate to be able to read his words or any others. And we are fortunate to be part of an organization that is making our world a better place by helping those who can't read them. There are an estimated 773 million illiterate adults - most of them women - who can't read these words or write their own name. They are at a clear disadvantage in life, with limited opportunities to work. And this situation isn't their fault.

Rotary has not forgotten them. In September, let's celebrate Basic Education and Literacy Month by looking at the long-term impact Rotary and The Rotary Foundation are making and how we are finding ways to lend a hand in the effort.

Last year alone, The Rotary Foundation approved 104 global grants totaling \$6.3 million for basic education and literacy projects, according to preliminary figures. This is on top of decades of work in our clubs and districts. As an Australian, I'm especially proud of the work of Dick Walker, a past district governor from Queensland, who used a Foundation matching grant to develop the concentrated language encounter method that has been adopted by educational leaders around the world.

At the community level, our clubs are well known for book drives that have changed the lives of so many children. But when we gather many clubs and districts together and work on large-scale Rotary Foundation projects, we have the potential to impact entire communities for generations.

The opportunities for Rotary to make a difference in literacy are boundless. Once basic reading and writing is achieved, it opens a path to other types of literacy, such as numerical literacy, digital literacy, and financial literacy.

Let's not squander our opportunity to improve our corner of the universe. I encourage you to think big about literacy and education and change the world - this month and beyond.

GENERAL DUTY ASSISTANT (GDA) TRAINING ON 16.9.2022

Kreetika Academy started classes for General Duty Assistant from 16.9.2022 in their 3rd batch. There will be 30 candidates for this batch.



WE ARE GRATEFUL TO THE FOLLOWING MEMBERS FOR THEIR CONTRIBUTIONS FOR NEW CLOTHES AND SHOES FOR THE STREET CHILDREN ETC AT NUTON JIBAN, NEAR KALIGHAT AND SAVE THE ORPHANGE, NEAR BANSDRONI. ALL NEW CLOTHES AND SHOES WILL BE DISTRIBUTED BEFORE THE DURGA PUJA SO THAT UNDERPRIVILEGED CAN ENJOY PUJA WITH NEW CLOTHES.

1. PP Rtn Utpal Chatterjee	Rs. 50,000/-
2. Rtn Nishant Jain	Rs. 5,000/-
3. Rtn Renu Todi	Rs. 5,000/-
4. Rtn Namrata Bengani	Rs. 5,000/-

**PRESIDENT DR V K NEVATIA
DONATED SANTIZIERS ETC
TO MAHAVIR SEVA SADAN
ON 18.09.2022**



MINUTES OF 1634th REGULAR MEETING OF ROTARY CLUB OF CALCUTTA METROPOLITAN HELD ON SATURDAY, 3rd SEPTEMBER, 2022 AT 2.00 PM AT THE CALCUTTA SWIMMING CLUB, 1, STRAND ROAD, KOLKATA-700 001

1. President Rtn Dr V K Nevatia called the 1634th Regular Meeting to order.
2. President Rtn Dr V K Nevatia invited Guest speaker Ms Nilanjana Maulik to join the head table and he was welcomed with flower bouquet by PP Rtn Dr Naresh Goyal.
3. National Anthem by all members present and guests.
4. Minutes of 1633rd Regular Meeting were read and confirmed.
5. President Rtn Dr V K Nevatia requested PP Rtn DR Naresh Goyal to introduce Guest speaker Ms Nilanjana Maulik.
6. Guest speaker Ms Nilanjana Maulik took the floor and with her Power Point presentation with detailed explanation which made the audience to sit and listen to her with rapt attention. She distributed 4 leaflets about Dementia and Alzheimer 's related Disorder. Detailed report will be published in Club bulletin.
7. Q & A sessions was very interesting and PP Rtn Utpal Chatterjee and IPP Rtn DR Somen Ghosh participated.
8. Resident requested PP Rtn Dr Naresh Goyal to give vote of thanks and he also requested him to felicitate Ms Nilanjana Maulik with flower bouquet and token of love.
9. President informed about the following program:
 - On 8.9.2022, PLC will celebrate the Literacy Day. The Club will recognize few teachers for their excellence including the Best Teacher.
 - On 18.9.2022, there will be Fellowship to celebrate Pre-Durga and Kali Pujas and Diwali. This occasion will be celebrated with Live music, Games and other competition etc. Details will be worked out.
 - On 24.9.2022, in our Regular Meeting, Ms Pragati Sureka will be the Guest speaker and the topic will be "How to use Emotional Intelligence for Success and Emotional Well Being"
10. PP Rtn Jayanta Chatterji spoke about sponsorship for one student from Lower KG to Class XII by PP Rtn Lalit Beriwal and PP Rtn Roshni Beriwal.
11. He also pointed out for the first time in PACE Universal has ever received such support from an individual donor. The Club is grateful for their support with round of applause
11. President Rtn Dr V K Nevatia informed the members that Rtn Rajiv Tibrewal has agreed to sponsor one girl student of PLC for pursuing higher studies. Rtn Rajiv Tibrewal was greeted with round of applause.
12. President invited PP Rtn Utpal Chatterjee and PP Rtn Roshni Beriwal to introduce the prospective members. They have shown keen interest in the Club.
13. President requested PN Rtn Sashi Dhacholia to brief the members about 27th August, 2022 meeting. PN Rtn Sashi Dhacholia informed that for the first time in the history of RCCM, 8 new members were inducted with 2 months i.e., July and August-2022. He is quite hopeful that another 5 new prospective members are in pipeline. He also thanked President Rtn Dr V K Nevatia for introducing 4 members, PE Rtn Rakesh Kumar Goel introducing 2 members and PP Rtn Harsh V Rungta and IPP Rtn Dr Somen Ghosh for bringing each one new member. There was round of applause for all them.
14. President Rtn Dr V K Nevatia announced the 100% attendance by the members for the combined months of July and August-2022 and recognized all them individually.
15. President Rtn Dr V K Nevatia announced the name of PP Rtn Jayanta Chatterji as Rotarian for the month of August-2022. His invaluable contribution and constant pursuing the matter with RISAO office to clear Global Grants projects even visiting their office at New Delhi. Finally, the Club was qualified to apply for Global Grants. He was felicitated by the AG (Admn) Rtn Sobhan Kumar Das.
16. Hony Secretary Rtn Rajshree made the Club announcements. She informed about the forthcoming events and Birthday greetings. The Sunshine box collection was Rs.500/- over and above as usual. The total attendance was 31 which include 18 members.
17. There was no other business, the meeting was adjourned.

Sponsored by : A WELL WISHER

We meet every Saturday at 2.00 pm at The Calcutta Swimming Club, 1, Strand Road, Kolkata-700 001
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